

Reducing the health toll from U.S. workplace stress

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Table of Survey Questions

Survey questions used to assess workplace exposures in the General Social Survey (United States) & Fifth European Working Conditions Survey (Europe)

Measure	U.S. General Social Survey	5th European Working Conditions Survey
SHIFTWORK	<p>(WORKSCHED) 875. Which of the following best describes your usual work schedule?</p> <ol style="list-style-type: none"> 1 DAY SHIFT 2 AFTERNOON SHIFT 3 NIGHT SHIFT 4 SPLIT SHIFT 5 IRREGULAR SHIFT/ON-CALL 6 ROTATING SHIFTS <p><i>SHIFTWORK = 1 if response is 2,3,4,5, or 6</i></p>	<p>q37f. Do you work - Shifts?</p> <ol style="list-style-type: none"> 1 YES 2 NO <p><i>SHIFTWORK = 1 if response is 2</i></p>
LONGHRS	<p>(MOREDAYS) 876. How many days per month do you work extra hours beyond your usual schedule?</p> <p>_____ (numeric response)</p> <p><i>LONGHRS = 1 if response > 7</i></p>	<p>q36. How many times a month do you work more than 10 hours a day?</p> <p>_____ (numeric response)</p> <p><i>LONGHRS = 1 if response > 7</i></p>
INSECURE	<p>(JOBSECOK) 889. K. The job security is good.</p> <ol style="list-style-type: none"> 1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE <p><i>INSECURE = 1 if response is 3 or 4</i></p>	<p>q77a. How much do you agree or disagree with statements describing some aspects of your job - I might lose my job in 6 months?</p> <ol style="list-style-type: none"> 1 STRONGLY DISAGREE 2 DISAGREE 3 NEITHER AGREE NOR DISAGREE 4 AGREE 5 STRONGLY AGREE <p><i>INSECURE = 1 if response is 4 or 5</i></p>

Measure	U.S. General Social Survey	5th European Working Conditions Survey
WFC	<p>(FAMWKOFF) 881. How hard is it to take time off during your work to take care of personal or family matters?</p> <ol style="list-style-type: none"> 1 NOT AT ALL HARD 2 NOT TOO HARD 3 SOMEWHAT HARD 4 VERY HARD <p>(WKVSFAM) 882. How often do the demands of your job interfere with your family life?</p> <ol style="list-style-type: none"> 1 OFTEN 2 SOMETIMES 3 RARELY 4 NEVER <p><i>WFC = 1 if mean response > 2.5</i></p>	<p>q41. In general, do your working hours fit in with your family or social commitments outside work?</p> <ol style="list-style-type: none"> 1 VERY WELL 2 WELL 3 NOT VERY WELL 4 NOT AT ALL WELL <p><i>WFC = 1 if response = 3 or 4</i></p>
LOCONTROL	<p>(WKDECIDE) 888. A. In your job, how often do you take part with others in making decisions that affect you?</p> <ol style="list-style-type: none"> 1 OFTEN 2 SOMETIMES 3 RARELY 4 NEVER <p>(WKFREEDM) 889. E. I am given a lot of freedom to decide how to do my own work.</p> <ol style="list-style-type: none"> 1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE <p><i>LOCONTROL = 1 if mean response > 2.5</i></p>	<p>q50a. Are you able to choose or change your order of tasks?</p> <ol style="list-style-type: none"> 1 YES 2 NO <p>q50b. Are you able to choose or change your methods of work?</p> <ol style="list-style-type: none"> 1 YES 2 NO <p>q50c. Are you able to choose or change your speed or rate of work?</p> <ol style="list-style-type: none"> 1 YES 2 NO <p><i>LOCONTROL = 1 if mean response = 2</i></p>
HIDEMAND	<p>(WORKFAST) 886. B. My job requires that I work very fast.</p> <ol style="list-style-type: none"> 1 STRONGLY AGREE 2 AGREE 3 DISAGREE 4 STRONGLY DISAGREE <p>(OVERWORK) 886. F. I have too much work to do everything well.</p> <ol style="list-style-type: none"> 1 STRONGLY AGREE 2 AGREE 3 DISAGREE 4 STRONGLY DISAGREE <p>(TOOFEWWK) C. How often are there not enough people or staff to get all the work done?</p> <ol style="list-style-type: none"> 1 OFTEN 2 SOMETIMES 3 RARELY 4 NEVER 	<p>q45a. Does your job involve working at very high speed?</p> <ol style="list-style-type: none"> 1 ALL OF THE TIME 2 ALMOST ALL OF THE TIME 3 AROUND 3/4 OF THE TIME 4 AROUND HALF OF THE TIME 5 AROUND 1/4 OF THE TIME 6 ALMOST NEVER 7 NEVER <p>q45b. Does your job involve working to tight deadlines?</p> <ol style="list-style-type: none"> 1 ALL OF THE TIME 2 ALMOST ALL OF THE TIME 3 AROUND 3/4 OF THE TIME 4 AROUND HALF OF THE TIME 5 AROUND 1/4 OF THE TIME 6 ALMOST NEVER 7 NEVER <p style="text-align: right;"><i>(cont.)</i></p>

Measure	U.S. General Social Survey	5th European Working Conditions Survey
HIDEMAND (continued)	<p>(WRKTIME) 889. M. I have enough time to get the job done.</p> <p>1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE</p> <p><i>HIDEMAND = 1 if mean response > 2.5</i></p>	<p><i>HIDEMAND if mean response <= 3</i></p>
LOSUPP	<p>(SUPCARES) 889. G. My supervisor is concerned about the welfare of those under him or her.</p> <p>1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE</p> <p>(COWRKINT) 889. J. The people I work with take a personal interest in me.</p> <p>1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE</p> <p>(SUPHELP) 889. L. My supervisor is helpful to me in getting the job done.</p> <p>1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE</p> <p>(COWRKHLP) 889. N. The people I work with can be relied on when I need help.</p> <p>1 VERY TRUE 2 SOMEWHAT TRUE 3 NOT TOO TRUE 4 NOT AT ALL TRUE</p> <p><i>LOSUPP if mean response > 2.5</i></p>	<p>q51a. Your colleagues help and support you</p> <p>1 ALWAYS 2 MOST OF THE TIME 3 SOMETIMES 4 RARELY 5 NEVER</p> <p><i>LOSUPP if response = 4 or 5</i></p>

references

European Foundation for the Improvement of Living and Working Conditions. (2012). *European working conditions survey, 2010* [Data set]. <http://doi.org/10.5255/UKDA-SN-6971-1>

National Opinion Research Center. (n.d.). General social survey. Retrieved from <http://www3.norc.org/GSS+Website/23>